



Winter 2020-2021 Schedule:

SPEED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00am Speed Performance
		10:15am Speed Performance			
4:30pm Speed Performance	4:30pm Speed Performance	4:30pm Speed Performance	4:30pm Speed Performance	4:30pm Speed Performance	
				Ask about scheduling an evaluation! All classes are approximately 60 minutes in duration. Schedule effective November 2 nd , 2020	

<https://www.otacfitness.com/programs/divergent/>